

## How to talk about it

It is easiest to discuss end-of-life wishes before it becomes a concern. Bring up the subject of hospice care. Talk to your doctor. Ask questions. Express your personal ideas and preferences. Include your family and loved ones.

Then you can make a thoughtful decision.



*“Jim used to call me Wonder Woman. But I really think I could not have done this on my own.”*

Olwen Garcia

## Who pays for care

When your doctor refers you, hospice is covered by Medicare, Medicaid, and most health insurance plans and HMO's. If you lack adequate insurance or are unable to pay, we

## Our Services

Hospice of the Valley services are available 24 hours a day, seven days a week or on an intermittent basis and include:

- Your Physician
- Registered Nurses
- Social Workers
- Chaplains
- Volunteers
- Dieticians
- Physical, speech & occupational therapies
- Bereavement & Grief support services
- Medications, equipment & supplies

We will keep you and your loved ones comfortable and supported, and allow you and dignity.

## When you are ready

You and a doctor can decide when hospice care is the right choice. You have the right to choose which hospice services best meet the needs of you and your family.

Usually, hospice is appropriate when;

- Medical treatment will no longer cure an illness
- Symptoms are uncomfortable or pain is not well controlled
- Complications of illness require special attention



*“Hospice was wonderful for both my mom and my husband; but I was the one who really benefited.”*

Nancy Adsit

## The right care, at the right time

Hospice focuses on the hope that every day will be the best it can be, rather than that the disease will be cured. In the end, Hospice of the Valley can make this journey easier.

*“Hospice gives you an extra hand and they are not imposing. In a hospital you have to abide by their rules. It was different at home: Hospice was there to support you in your wishes. It was important to us that Mom and Dad's wishes were honored.”*

Tony Uhl

peace  
Support  
dignity

